

Department of Dermatology Queens Hospital, Burton on Trent

Photodynamic therapy

Post-treatment Information

After treatment the PDT operator will apply a dry dressing to the area and you will be advised to keep the lesion dry and out of direct sunlight for at least 48 hours.

After 48 hours remove the dressing and keep the area free of any dressings. However, if the lesion weeps a dry dressing should be applied to the area until the weeping ceases.

After treatment pain and itching may persist and can be present for a few days. Paracetamol may alleviate this.

The area may be inflamed and a crust may develop over the next few days. This will come away about two weeks after treatment and the area treated will look quite red which will fade gradually. Some pigmentation (like tanning) may occur and this will also settle slowly over time.

You may be left with faint scarring at the treatment site.

If an area on the head or neck has been treated it may cause swelling in the surrounding area - if so try to relieve this by sitting upright and not lying flat. Use an extra pillow for the one or two nights following treatment.

Very occasionally the area becomes infected and you should contact your G.P. who will advise accordingly. You may have been given some antiseptic cream following the treatment and you should use this as advised.

If you have any other concerns please contact

Dr. Beswick's secretary on 01283 566333, extension 4197 or

Sister Helen Jowett, Clinical Nurse Specialist Dermatology on 01283 566333, bleep number 586.

This document is available in alternative languages, and is also available in a version more suitable for persons with visual impairment

Reference: DERM/OPD/0065/1106

Author: Dr Samantha Beswick

Date of production :14/11/06

Next review date 14/11/06