Patients are set to benefit from a series of enhanced facilities right across the hospital from outpatients to services for heart patients and elderly people.

Daycase surgery has been increased at the Treatment Centre, on the Burton site. The expansion of services at the centre will see more patients treated for a wider variety of conditions across several specialties, including gynaecology, ENT and laparoscopy or ‘keyhole’ procedures.

Clinical Director for Surgery Kevin Artley said: “The eight-bed unit is situated within the Day Surgery unit. This short stay facility allows for an expansion of the number and range of cases that can be undertaken and will result in faster access to treatments, shorter waiting times and an enhanced patient experience in a modern and bright environment.”

The facility houses separate male and female recovery areas, assisted showers and additional pre-op assessment rooms.

Work has also been undertaken on an eight bed frail elderly short stay assessment unit in the former paediatric outpatient area at the Burton site, due to open on 3rd December.

Reception A in Outpatients, one of the busiest waiting areas at the Queen’s site, is being transformed under a three-month programme costing around £200,000.

Laura Joy, Lead Cancer Nurse/Manager Cancer Services, said: “This area is long overdue for an update and we are very excited to see the new area taking shape.”

Features of the upgrade include improvements to create a more energy-efficient environment, a new information point, smart reception desk, new chairs, refurbished toilets and improved storage of patients’ notes.

Early next year the hospital’s new cardiac catheter laboratory and chest pain clinic will open its doors, allowing patients to undergo some heart procedures locally.

The Trust has also outlined plans to open a combined elderly rehabilitation and outpatients unit at the Margaret Stanhope centre.

Due to open in the next financial year, it is envisaged the unit will provide 21 rehabilitation beds and support frail elderly patients with specialist clinics and also offer other outpatient services from the same centre.

The project will see the transformation of the former mental health facility into a community-style hospital suitable for the care of elderly patients and for the provision of clinics. This will include therapy facilities, better disabled access, improved lighting and décor and upgraded shower rooms en suite to the bedrooms.

Two hundred volunteers gathered for a unique fire training exercise called Exercise Prometheus.

Exercise Prometheus also broke new ground with the use of two highly sophisticated electronic mannequins which played the roles of Critical Care patients. These £60,000 3GSimMan can blink, breathe, have pulses and even respond when spoken to!

This was the first fire exercise where Burton Hospitals, Staffordshire and Stoke on Trent Partnership Trust and North Staffordshire Combined Healthcare Trust participated in a live evacuation of wards. This included the use of synthetic smoke to add a sense of realism and participation by Staffordshire Fire and Rescue Service, West Midlands Ambulance Service Hazardous Area Response Team (WMAS HART) and Staffordshire Police.

This was a rare opportunity to evacuate ‘patients’ off wards in real-time and used volunteers from across the health economy and Burton and South Derbyshire College drama students to set up four fully operational wards.

The use of the mannequins provided an excellent opportunity for the WMAS HART team and Staffordshire fire service to work closely together as they evacuated the most acutely unwell patients to safety through thick smoke.
As part of the recent election process three new Governors were elected to represent the views of their constituency on the Council of Governors.

Among them was Margaret Jackson, who had previously stood as a Governor for East Staffordshire, and was successfully elected for a three year term of office.

Also newly elected for the East Staffordshire constituency was Maqsood Hussain who is a keen community voluntary worker having served all communities at the Pakistani Community Centre for over 20 years.

Finally, Donald Naish was successfully elected to represent the South Derbyshire constituency. Donald is a retired engineer who was involved in the design and manufacture of diagnostic equipment for hospitals and has experience in interpreting and auditing against healthcare regulations.

We have also seen four serving Governors retain their seats for a further three year term of office.

East Staffordshire - Mary Adams
Lichfield and Tamworth - Betty Bradbury
South Derbyshire - Sheila Jackson
North West Leicestershire - Andrew Rollason

The Council of Governors is currently holding a vacancy for the Staff Governor representing the Medical and Dental constituency and the Staff Governor representing the Volunteers constituency. The Notice of Election for these seats will be issued on 15 November 2012.

The Council of Governors is there to ensure that staff and public members have a voice on hospital issues. There are 26 members on the Council of Governors, 14 Public Governors, five Staff Governors and seven Governors appointed from partner organisations.

The Council of Governors is consulted on key areas and can raise issues with the Trust’s Executive Board.

Meetings are held every two months in public and dates for 2013 will be published on the Trust’s public website.

To get in touch with a Governor please email: membership@burtonft.nhs.uk or by post please write to the appropriate Governor c/o the FT Membership Office at FREEPOST RRJK-LIEL-UYUL, Burton Hospitals NHS Foundation Trust, Queen’s Hospital, Belvedere Road, Burton on Trent, Staffordshire, DE13 0RB

The Governors are here to represent you and welcome all enquiries.

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### Margaret Jackson Profile:

**What constituency do you represent?**
I live in Barton under Needwood and I am one of the elected Governors for East Staffordshire. I am delighted to serve as a Governor for the next three years.

**What is your background?**
I have lived in South Derbyshire and East Staffordshire all my life. I was educated at Ashby Girls Grammar School and Sheffield University. My working life was at Drakelow Power Stations. The electricity supply industry was developing at a rapid rate so the three stations at Drakelow were an interesting and demanding place to work.

**Do you have any other interests?**
My other interests have included being a Governor and past Chairman of a large comprehensive school. Currently I am a member and past Chairman of the Independent Monitoring Board at H.M.P Dovegate. Having a large garden means that I spend a lot of my spare time gardening. My family are keen football fans supporting both Derby County and Burton Albion. Holidays are spent messing about in boats around the Scilly Isles.

**What are your hopes for Burton Hospitals?**
Burton Hospitals is already facing very challenging times. The new Health and Social Care Act will result in fundamental changes to the way the NHS commissions services and provides healthcare. Monitor’s role as a regulator is changing and this will increase the responsibilities of the Council of Governors. My hope is that we can respond to these changes and work with the Non-Executives and Directors and contribute to the effective governance of the Trust, thereby ensuring the best possible services for our patients.

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### Patient Experience

The cancer information prescriptions programme is part of a series of ongoing developments to improve access to relevant, accurate and timely information for people affected by cancer.

Our Breast Care Support Group understands that being diagnosed with breast cancer is a frightening experience and leads to a mixture of emotions: shock, fear, sadness, confusion, disbelief, and a wanting to know what is going to happen to you. Quite often, any information given at the time just does not sink in. Some patients do not want to know the details; others want to know exactly what treatment they will have, and search the internet for information.

It is not until you are actually “in treatment” that you realise that everyone is different, and that the treatment you receive will not necessarily be that which other patients receive.

Information prescriptions are a good step forward in having relevant and up-to-date information for the individuals’ needs at any given time; also for the individual to choose when they want to research that information. It is much better to take small chunks at a time and process it as and when you can, as we all deal with it differently.

It is reassuring for newly diagnosed patients (and those further along in their treatment) to be able to go to one trusted source to get all the information they need, at a timely stage in their treatment, and to know that information is going to be accurate for their specific case. For patients who do not have access to the website, they will be able to have bespoke information printed off for them at the time of appointment or alternatively posted home.

Find out more at http://www.nhs.uk/ipg/Pages/IPStart.aspx
Nurse training film receives international recognition

An interactive training DVD developed by nursing staff, has been screened at a European conference.

The film, called ‘Elle’s Journey’, tells the fictional story of Elle, a woman with Down’s syndrome, from her admission into hospital to her death.

Learning Development Manager for the Trust Vannessa Rolinson explained the issues raised during the film were used as starting points for training and discussions with staff.

The film was presented at the European Conference of Nurse Educators, held in Cardiff. The concept was developed by Vannessa Rolinson and senior practice development nurses, Debbie Eaglefield and Charlotte Peters.

Medical Thoracoscopy set to improve care for cancer patients

Our doctors have recently introduced a new service which will improve the investigation and treatment of lung cancer patients, as well as other cancer patients whose cancer has spread to the lung.

Medical Thoracoscopy is a procedure where a telescope is inserted between the ribs into the chest through a small incision. The technique is carried out using a local anaesthetic and light sedative, and enables doctors to diagnose and treat a build up of fluid in the chest, called a pleural effusion.

Dr Jonathan Sheldon, Consultant Chest Physician who introduced this new procedure, said: “We are delighted to be able to offer this service to our patients in their local hospital. As well as allowing us to make an accurate diagnosis for their condition, we can in most cases prevent the fluid form returning.”

Until recently, patients have had to travel to other hospitals to have the procedure carried out and would typically undergo a general, rather than a local anaesthetic.

“Pleural effusion is a common problem in cancer patients.” said Dr Paul Beckett, lead for the lung cancer service.

“Typically such patients might need admission to hospital every few weeks because of troublesome breathlessness, to get the fluid drained, but now we have the ability to sort the problem out quickly and efficiently”.

Cardiac patients learn life saving techniques

Cardiac patients will soon have the opportunity to learn vital first aid techniques that could help to save lives.

West Midlands Ambulance Service (WMAS) recently delivered a one-day HeartStart instructors training course to eight members of staff from the Cardiac Rehabilitation Team at the hospital.

The cardiac team now hopes to encourage all patients who have suffered cardiac episodes and their relatives to undertake a free two hour basic lifesaving HeartStart course.

Back in April, in conjunction with the British Heart Foundation (BHF), WMAS embarked on the HeartStart Staffordshire project with the aim to train 60,000 people in Staffordshire in basic first aid. The HeartStart courses are aimed at anyone aged ten years old and up.

During the two hour course participants will not only learn about CPR (cardiopulmonary resuscitation) techniques but how to put someone into the recovery position and the management of severe bleeding, choking, chest pain and loss of consciousness.

Matt Heward, WMAS Community Response Manager for Staffordshire said: “This is a great initiative allowing the ambulance service and the hospital to work in partnership and build even stronger relationships. Burton is one of the BHF’s Heart Towns so it is an excellent place for this project to be rolled out.”

Alison Ridgway, the hospital’s Rapid Access Chest Pain Nurse and Clinical Nurse Specialist, said: “This is an excellent course which will save many lives and everyone is welcome; GPs, patients, their family members or friends.

“We have two sessions already planned, with a view to roll-out more during 2013. The first date in November is already fully booked and we are now taking names for the session on 15 December.”

All patients and their relatives and friends are welcome to join up and attend one of the training sessions. Anyone interested should contact 01283 593150.

For more information visit www.wmas.nhs.uk/ourservices/heartstartstaffs.aspx.
Nursing staff are in the pink

Pink wigs and smiles were the order of the day when staff on the Emergency Admissions Unit set out to raise funds for the Breast Care Unit.

More than £200 was raised by Ward Sisters Cheryl Chamberlain and Amanda Rowley, Staff Nurse Katie Smith and Ward Manager Ann Parker.

Ann said: “We wore pink wigs for breast cancer awareness day and with staff support, sold pink ribbons to raise funds for the hospital’s Breast Care Unit.

“It really cheered up everyone – I even wore mine to a meeting with senior managers which raised a smile or two!”

Support two great local causes for the price of one with the St Giles Hospice lottery!

You can now support two fantastic causes at the same time by signing up to play the St Giles Hospice lottery!

The strong links between St Giles Hospice and Burton Hospitals, including the community hospitals in Tamworth and Lichfield, have been further strengthened by a new fundraising partnership.

New St Giles Hospice lottery players who sign up through this partnership can support both of these exceptional causes while standing a chance of scooping a weekly jackpot prize of £2,000.

For every £1 received from St Giles Hospice lottery members who join as part of the new partnership, the hospital will receive 20p.

Richard Simmonite, Commercial Manager of the St Giles Hospice Lottery, says: “We’re delighted to announce that there will soon be a great new way for residents to support two local causes – for the price of one!

“By joining the St Giles Hospice Lottery through our partnership with the hospital, players will see their kind-hearted donation help even more people from their community.”

Chris Wood, Interim Hospital Chairman says: “The hospitals and the hospice play a hugely important role in caring for local communities, and it’s fantastic that we are now working together to raise money for our vital services.”

Members of the St Giles medical team regularly support the hospital’s palliative care team, and every year our nurses spend time at the hospice to learn new skills.

The St Giles Hospice Lottery gives away over £3,000 in prizes every week — including a £2,000 top prize — and it costs £1 a week to take part. All

Raising our profile at the Lichfield Festival

Charity campaigner Tom Bolton joined hospital governors Betty Bradbury and David Dundas as they supported the prestigious Lichfield Festival.

Betty and David were keen to meet many more local people as we now manage Samuel Johnson community hospital Lichfield.

David reports: “We had a stand and joined the ‘Dawn Raiders’ at 6.30am to put up the gazebo and set up the display.

“Alison Haynes, our Dementia lead, joined us to talk to visitors. We were very fortunate to be joined by Alison’s nephew Tom Bolton on his mobility scooter; he has cerebral palsy and is a long term campaigner for charities.

“Tom had carried the Olympic Torch the weekend before, and brought it to our stand which drew the crowds. Lichfield Town Crier Ken Knowles joined in, dressed in his traditional crier’s outfit, by announcing Tom’s visit from time to time during the day.

“This was a good opportunity to recruit new Members and we signed-up 51 people.”